



Vol. 47, No. 9

Friday, March 9, 2001

Aviano Air Base, Italy

31st Fighter Wing: The U.S. Air Force's fighter wing south of the Alps.

## Aviano's new E-8s, colonels

By Senior Airman Lee Smith  
Editor

Twenty-three Aviano master sergeants and two lieutenant colonels have been selected for promotion, according to Air Force Personnel Center lists released this week.

The Air Force released its list of E-8 selectees Wednesday and O-6 selectees will be released today.

The following are the Aviano officers promoted to colonel:

William Gampel, 16th Air Force  
Beverly Knott, 31st Fighter Wing

The following are Aviano's newest senior master sergeant selectees:

Hector Batista, 625th Air Mobility Support Squadron

Tom Cernac, 31st Transportation Squadron

Douglas Copenhaver, 31st Supply Squadron

Donald Ennis, 603rd Air Control Squadron

James Erwin, 31st Security Forces Squadron

Scott James, 31st Aerospace Medicine Squadron

James Kowalewski, 31st Maintenance Squadron

See Promote, Page 9



Senior Airman Michelle Michaud

### Checking for leaks

Staff Sgt. Mark Hamilton, 31st Maintenance Squadron non-destructive inspection craftsman technician, removes oil test sample tabs taken from an F-16 engine. NDI is responsible for early engine wear detection as well as checking for stress fractures and cracks in engine metal. The seven-person NDI lab is one of many support shops helping prepare Aviano for the surety inspection, March 19-27.

## 31st CPTS civilian, superintendent take Air Force-level award

By Senior Airman Lee Smith  
Editor

Two members of the 31st Comptroller Squadron were chosen as the best in the Air Force for 2000.

Marisa Geronutti, 31st Comptroller Squadron chief accountant and Master Sgt. Marie Butler, 31st CPTS financial analyst supervisor, received the top honors for comptrollers.

Geronutti said the implementation of a new system for filing travel vouchers was a big reason for her winning the award.

"Paying money on time to vendors is important," Geronutti said. "Part of my job is to keep track of those bills being paid, and the implementation of the Automated Business Services System made filing travel vouchers much easier and more convenient for our members."

Among the areas Butler cited as achievements for the year was her involvement with the 2000 Top Dollar competition, an annual field exercise involving comptrollers and contracting personnel. She

also helped the squadron keep base leaders informed on spending, and she donated time as a mentor during off-duty hours.

"We have many meetings with commanders and give them suggestions on how to spend money wisely," Butler said. "We also are involved in the approving process for funds. As Air Force members, it's important for us to also give back to the community. Whenever we can do that, it benefits everyone around us."

Geronutti said her base training for International Merchants Purchase Authority Card cardholders was an important accomplishment for her, as well as the base, in 2000.

"I went to a temporary duty assignment at Royal Air Force Lakenheath, U.K., to learn the new IMPAC card system and when I returned, I trained the base on the system," she said.

Ron Jackson, 31st CPTS deputy budget officer, said Geronutti, who he has worked with for nearly 20 years, and Butler, are well deserving of their honors.

See Awards, Page 9

## KUDOS

## Ceremony assistance

The Aviano Top Three would like to thank everyone who assisted with the base promotion ceremony Feb. 28.

Senior Master Sgt. Everette Whitfield

## USAFE security forces awards

The following members of the 31st Security Forces Squadron were named as the best in U.S. Air Forces in Europe:

Col. Billy Jack Carter award (for the person with the most significant contribution to protecting Air Force personnel or resources): Staff Sgt. Brian Lewis

Outstanding Security Forces Support Staff Senior Noncommissioned officer: Senior Master Sgt. Rickey Romanini.

They will compete at the Air Force-level.

## 'Buzzards' best in Air Force

Congratulations to the 510th Fighter Squadron, winners of the 2000 Air Force Maintenance Effectiveness award in the small aircraft maintenance unit category.

There will be a full article in the Vigileer about the award in the upcoming weeks.

## USAFE communications, information awards

Here are the Aviano winners of the U.S. Air Forces in Europe communications and information awards for 2000:

Small work center: 31st Communications Squadron (Aviano 2000 Cell).

Visual information senior noncommissioned officer: Master Sgt. Michael Kaplan, 31st CS.

Junior civilians: Rachel Hailstone, 31st Logistics Support Squadron and Francesca Pezzutto, 31st CS.

They will now compete at the Air Force-level.

## USAFE weather award winners

Here are the Aviano winners of the U.S. Air Forces in Europe weather awards for 2000:

Outstanding Air Force Weather company grade officer: 1st Lt. Mike McAleenan, 31st Operations Support Squadron

The Williams Award which recognizes the most outstanding weather flight, detachment, or like unit performing aerospace operations: 31st OSS

## COMMANDER'S CONNECTION



Brig. Gen. Dan Darnell

The Commander's Connection is your direct link to let me know your comments, suggestions or unresolved complaints. I will personally see that each question is answered and select those of general interest to appear in the "Vigileer."

All items may be edited or paraphrased for brevity and clarity. Commander's Connection comments can be submitted by:

- E-mailing cc.connect@aviano.af.mil
- faxing to Ext. 7083
- sending through distribution to 31FW/PA
- mailing to 31FW/PA, Unit 6140 Box 100, APO AE 09604-0100;
- delivering to public affairs, Bldg. 1360, Room 19.

You may remain anonymous upon request. However, to receive a reply, include your name, unit and phone number.

The Commander's Connection is not intended to replace the chain of command. Before contacting the Commander's Connection, talk with managers, supervisors or first sergeants.

31st Fighter Wing Commander

## Maintenance Professional of the Year awards

Field grade manager: Lt. Col. Michael Vidal, 31st Operations Group.

Company grade manager: Capt. Rene Morejon, 510th Fighter Squadron.

Supervisor manager: Master Sgt. Robert Norcross II, 31st Operation Support Squadron.

Supervisor: Tech. Sgt. Arthur Rousseau, 31st Maintenance Squadron.

Technician: Staff Sgt. Rogelio Casterena, 31st MXS.

Munitions company grade manager: Capt. Stephanie Halcrow, 31st MXS.

Munitions supervisor manager: Master Sgt. Greg Serd, 31st OSS.

Munitions supervisor: Tech. Sgt. Malcolm Crump, Jr., 31st MXS.

Munitions technician: Airman 1st Class Jeannette Cook, 31st OSS.

Weapons load crew: Staff Sgt. Mario Pedrero, Senior Airman Steve Bacher and Airman 1st Class Jason Smith, 510th FS.

Support senior noncommissioned officer: Master Sgt. Peter Lammers, 555th FS.

Support noncommissioned officer: Tech. Sgt. Thomas White, 555th FS.

Support airman: Senior Airman Craig Steward, 31st MXS.

Aircraft maintenance senior noncommissioned officer: Senior Master Sgt. Larry Washington, 510th FS.

The remaining names will be announced in the March 16 Vigileer.



Aviano Air Base Editorial Staff  
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 NCOIC.....Tech. Sgt. Bill Lincicome  
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# Political climate changes in Italy

By Paolo Tarchi

31st Fighter Wing

Community Relations advisor

After a five-year term, the current Italian Parliament is coming to its natural end. Its last working day was Thursday and two days later it will be officially declared closed.

The expiration of the current parliament will ring in a season of campaigning that will last until new general elections approximately two months later. The actual date will be determined by the President of the Republic relatively soon and will very likely be either May 6 or 13.

It will undoubtedly be a very hot campaign, as some polls are indicating that the right wing may overcome the left that has enjoyed power in Italy for some time.

And almost just as certainly, it will be very confusing because of the myriad of parties that will participate in elections.

A multitude of coalitions, representing various combinations of constituents from various parties, further complicates Italian politics.

Admittedly, it can even be hard for many Italians to understand the system, but here's some of the high points that may help clarify:

Basically, there are two major coalitions of political parties, one progressive and the other conservative. Because of this, elections are held at large as opposed to the Democratic and Republican competition that dominate politics in the U.S. But the catch is that none of the coalitions are

Paolo Tarchi  
31st Fighter Wing  
Community Relations  
advisor

"Even as the political climate gets hotter and hotter, most Italians still expect a peaceful, civil process."

expected to reach a 50 percent majority that will ensure credible power in the parliament.

Many smaller parties will participate in the elections for the sole purpose of avoiding power concentrations by any specific parties.

It's important that people in the Aviano military community be aware of the national political situation and avoid getting involved in the Italian politics, even inadvertently.

Because Italy is a democracy, any group can express its views and opinions, including extreme political positions, as long as they're legal.

For instance, communist parties are not banned in Italy and red flags with a sickle and hammer may be flown during demonstrations and gatherings.

Similar symbols or political slogans may be printed in propaganda posters with which many Americans may not agree. It is a crime in Italy to tear them down and it would be particularly offensive if a foreigner did it, not to mention a military member.

Even as the political climate gets hotter and hotter, most Italians still expect a peaceful, civil process.

As far as Aviano Air Base is concerned, some pacifist demonstrations may be staged at the flightline gate or downtown, but most likely will pose no threat to people's safety. Still, as in the past, the best advice is avoidance and to exercise caution.

During the spring, several local administrations—municipalities and provinces (counties)—will come to the end of their current political administrations' terms as well. So, local elections may overlap with the general elections.

In this area, Pordenone is the most important municipality that needs to renew its town council. In Aviano, Mayor Gianluigi Rellini is continuing a four-year term which began in 1999.

Overall, Italy is going to experience a period of high political sensitivity. So talk to your Italian neighbors and take an interest in the system.

But remember that outside interference, in addition to having personal legal consequences, may adversely affect our base's strong relationship with the local communities.

## Best weapon to combat terrorism is you

By Col. Thomas Griffith

39th Support Group commander

INCIRLIK AIR BASE, Turkey -- Today, terrorists and truck bombs have changed the face of warfare. This does not mean that truck bombs will replace air power. But it does mean that we must adapt to new circumstances.

Worldwide communications via the Internet, cellular phones and other devices, along with modern global travel, give disparate groups the ability to connect and form loose alliances, making it more difficult than ever for law enforcement agencies to detect and stop them.

At the same time, weapons and technology previously reserved for nations can now be used by individuals, magnifying their capacity for death and destruction.

While truck bombs are currently the favored method of attack, they are just one example of the destructive power terrorists can now harness. As the attack on the USS Cole showed, terrorists also adapt and change. In the past, our force protection efforts against terrorism were intermittent at best. Typically, a great deal of attention would be lavished on the topic shortly after an attack, but interest quickly fell off.

Now, and in the future, we have to avoid this haphazard approach and maintain a continuous focus on force protection. Terrorism is a worldwide threat and terrorists are searching for the easiest target they can find, wherever it is. We are at war with terrorism. When people say, "it can't happen here," we have to respond, "Yes, it can...but it will not happen to us."

At the same time, force protection cannot become our overriding goal; otherwise we would do nothing else.

There are ways to beat this threat and accomplish the mission. Part of our adaptation to the new battlefield will be designing new facilities with force protection in mind and investing in technology to produce equipment that can be used to increase security.

But, both now and in the future, the best weapon against a terrorist attack is you. Why you? Because seconds count in these situations, and we can't depend on someone else to do it.

The best weapon we have to defeat the "real, immediate, and evolving" threat of terrorism is vigilance and awareness on your and everyone's part. You are the number one weapon against this new threat. You must remain alert and aware. You must make force protection your business. You must be the first line of defense.

After all, your life depends on it.

# Aviano Performer



Senior Airman Delia Castillo

Airman 1st Class  
Janine Harden  
Air Traffic Controller  
31st Operation Support  
Squadron

Hometown: New Boston, Texas  
What do you like most about your Aviano assignment? Being overseas in a beautiful country and all the traveling opportunities.  
What do you like most about your job? The teamwork.  
Greatest accomplishment: Being able to make a difference by helping start a designated driver program run by airmen.  
Time on station: One year, 10 months.  
Time in service: Two years, three months.

"Totally involved, A1C Janine Harden continuously makes a positive difference. She effortlessly surpasses critical air traffic control training objectives and simultaneously finds time to volunteer numerous hours in support of community programs such as: Airmen Against Drunk Driving, the Aviano High School Mentorship Program and flight line play ground renovation projects."

-- Senior Master Sgt.  
Everette Whitfield  
Chief Controller,  
Radar Approach Control

## IN BRIEF

31st Security Forces -- spouse group meets 6 p.m. Tuesday at the SFS training building on Via Dante, behind Area Two.

Inspector general -- a representative from Headquarters, U.S. Air Forces in Europe, Office of the Inspector General, will be at the Chapel Annex, Bldg. 172, 8-11 a.m. March 20 and 1-4 p.m. March 22, to personally meet with personnel assigned to 16th Air Force and 31st

Fighter Wing who want to speak to the representative from the command IG's Office. Schedule appointments through Lt. Col. Roland Schwandt or Master Sgt. Barbara Cannady at Ext. 4669 or 8649.

The contingency dorm dining facility -- is seeking input for a new name. The top three choices will be forwarded to 31st support group commander for selection. Winner will receive more than \$150 in services discounts. E-mail Senior Master Sgt. Christine Davis with ideas.

Senior noncommissioned officer academy correspondence course five testing -- is 8 a.m. to 4 p.m. Tuesdays. For more information or to schedule a testing time, call Staff Sgt. Thomas Holmes at Ext. 5330.

TMO tip -- all cost of shipping pets with a permanent change of station are borne by the member. Space permitting, two pets may be shipped on Air Mobility Command flights in conjunction with a PCS. Pets are not allowed at a temporary duty station or space-

### SI Corner:

9 days to show time

People can find surety inspection information, including previous reports, the SI road map to success and special interest items at [avo-intranet/units/31FW/readiness/readiness.html](http://avo-intranet/units/31FW/readiness/readiness.html).

available travel. Pets and containers with a combined weight of 70 pounds or less will cost \$90 and 71-99 pounds will cost \$180. The only exception will be in cases where the pet was transported overseas by AMC. A waiver must be requested through TMO Passenger Service. The container must also have room for the animal to stand.

Privacy Act statements -- do not need to be preset in the signa-

ture block of official e-mails. However, if Privacy Act material is sent via e-mail, "Privacy Act" must be in the subject line.

The same guidelines apply for "for official use only" information.

Unit tax advisors -- have received guidance for members who were involved in Operation Allied Force. For questions on what date a member entered or exited the combat zone for the tax period ending Dec. 31, 1999, contact your unit tax advisor or legal office.

Firing range -- The firing range is off limits to unauthorized personnel and should be considered dangerous. The range, Bldg. 1142, which is located off the flightline perimeter road and adjacent to the Sierra Area, is routinely used to conduct live-fire weapons training. Trespassing at any time is illegal and dangerous. Anyone needing access to the firing range area must contact the combat arms noncommissioned officer in charge at Ext. 7887.

## Cop's Corner

For the week of Feb. 26 to March 4  
Accidents: Aviano (4), Aviano Air Base (2), Pordenone (1), Rovereto (2), Budoia (1), Piancavallo (1), Cordenons (1), Vigonovo (1), Fontanafredda (1)  
Minor accidents: 10  
Major: 4  
Injuries from the accidents: 2  
Damage to personal property: Aviano Air Base (1), Aviano (1)  
Larceny of personal property: On-base (3), Milan (1)  
Vehicle break-ins: Aviano (2)  
House break-ins: Aviano (1)  
Traffic complaints: 1  
DUIs: 0  
Shoplifting: 0

### Accident spotlight

Feb. 1, a military member attempting to make a left turn from Gate Two onto Via Pedemonte, failed to yield the right of way and struck another vehicle, which was traveling north on Via Pedemonte. There were no injuries and both vehicles were driven from the scene.

There are many blind intersections in the Aviano area. Drivers should use the mirrors that are situated across from the blind side of the intersection in order to clear traffic prior to entering the road.



Totals for 2001

Vehicle breaking and entering: 29

Home breaking and entering: 10

Shoplifting: 4

DUIs: 5

### Accident info

Total accidents this year: 124

Accidents this time last year: 148

Source, 31st Security Forces Squadron Reports and Analysis.  
Accident of the week provided by 31st Fighter Wing Safety.



# GTC policy changes for E1-E5s

By Senior Airman Lee Smith  
Editor

Government travel cards for Aviano active-duty airmen basic through staff sergeants are now only activated within three days of departing on a temporary duty assignment.

Brig. Gen. Dan Darnell, 31st Fighter Wing commander, directed the change as a 31st FW initiative to reduce the number of delinquencies on base. The move targets E1-E5 cardholders which represent 82 percent of delinquencies, the general said.

The change does not affect E1-E5s currently on a temporary duty assignment.

According to Master Sgt. Scott Ames, base GTC coordinator, people in those ranks must notify their orderly room no later than three days prior to going on a TDY to reactivate their card.

"Because it takes 24 business hours for the reactivation to take place, it is vital that members come to the orderly room to out-process and notify them of TDY at least three

Master Sgt. Scott Ames  
31st Comptroller Squadron

"Because it takes 24 business hours for the reactivation to take place, it is vital that members go to their orderly room to out-process and notify them of a TDY at least three duty days prior."

duty days prior," he said. "This allows time to reactivate the card so that the member can purchase tickets from Scheduled Airline

Traffic Office, purchase gas coupons or withdraw travel money from automated teller machines. This includes those members who are going through the line for contingency operations."

Ames said the decision may inconvenience Aviano members, but the base worked quickly to train support staff agencies for the new procedure.

"We understand that this new requirement puts another wrinkle in the timetable of TDY out processing for Aviano members," Ames said. "Each unit has a primary and alternate GTC program manager trained on activating cards and this new step in out-processing and in-processing."

"We ask for your patience and assistance on making this a smooth transition," Ames continued. "We also have some steps in place in the event of no-notice TDYs, however, we would prefer to keep those just for no-notice deployments."

For more information, call your unit GTC program manager or call Ames at Ext. 7584.

## Awards, from Page 1

"They are the navigators of a great ship here," Jackson said. "We get many short-notice taskings for different projects and they make it look it easy the way they get the job done. They were both perfect choices for the award."

"During our functional inspection in December, the U.S. Air Forces in Europe Inspector General team gave us an outstanding rating, and both of them had an integral part in us earning that rating," Jackson said.

Senior Master Sgt. Ron Robertson, 31st CPTS superintendent, emphasized the importance of the two Air Force award winners to the success of the 31st CPTS in 2000.

"They are both a vital, vital part of our organization," he said. "Their award culminates a year of hard work and effort. It was with their help that our squadron was recognized as the best in USAFE for 2000."

Robertson said it is unfortunate that everyone couldn't have won at the Air Force level, but the 31st CPTS has a great team here.

"Everyone in the squadron is proud of them and the work they did to earn the awards," he said.

Both winners will travel to Ramstein Air Base, Germany this week to receive their USAFE award.

They will both be presented their Air Force level award in May in Texas.



Staff Sgt. Mitch Fuqua

Master Sgt. Marie Butler, left, 31st Comptroller Squadron and Marisa Geronutti, 31st CPTS chief accountant, check paperwork at the consolidated support center March 2.

## Promote, from Page 1

John Lewis, 16th AF  
Maurice Lopez, 31st SFS  
Stephen Ludwig, 31st Mission Support Squadron  
Peter Molnar, 31st Munitions Squadron  
Robert Norcross, 31st Operations Group  
Donald Parks, 31st Communications Squadron  
Roger Perry, 555th Fighter Squadron  
Lawrence Peterson, 603rd ACS  
Robert Ravert, 31st Logistics Group  
Michael Skidmore, 31st MSS  
Darryl Smith, 31st FW

John Thomas, 31st FW  
John Walters, 31st Medical Support Squadron  
John Wood, 31st MXS  
James Wine, 510th Fighter Squadron  
John Yanni, 510th FS  
Beginning April 1 and over the course of the next year, 1,354 individuals out of 16,203 eligibles will pin on their new stripes. Fifty-five lieutenant colonels were selected for promotion to colonel.

This represents a selection rate of 8.36 percent, an increase from last year's promo-

tion rate of 7.89 percent.

Last year, 24 Aviano E-7s were selected for promotion.

The senior master sergeant evaluation board convened Feb. 5-23 at the Air Force Personnel Center at Randolph Air Force Base, Texas to evaluate the individual records of senior master sergeants eligible for promotion.

The complete list of selections for both senior master sergeants and colonels will be posted on the AFPC today at <http://www.afpc.randolph.af.mil>.

# Flightline dining facility relocates



Anita Cinquepalmi, Victor Dining facility cashier, rings up lunch for an airman Monday.

By Senior Airman Lee Smith  
Editor

The Victor Alert Dining facility closes March 30 to relocate its food operation to the contingency dormitory in Bldg. 1467.

According to 2nd Lt. Sean McCarthy, 31st Services Squadron food service officer, the new location offers many new advantages for both the customer and the food service personnel.

"The new facility, which is scheduled to open April 9, will provide expanded dining areas to maximize comfort," McCarthy said. "Along with a substantial increase in the size of the dining area, the kitchen is much larger and has been furnished with brand

new cooking equipment. This allows our food team the appropriate means to increase food variety, quality and ultimately improve customer service."

McCarthy said the flight kitchen will remain open for flight and ground support meals during the transition.

For more information, call the 31st SVS food service office at Ext. 5697.



Two Aviano airmen are served lunch by Patricia Zoldan, right, at the Victor Dining facility Monday.

## PME survey feedback vital to AF future

WASHINGTON (AFPN) — Enlisted people are encouraged to complete a Professional Military Education survey intended to garner feedback on curriculum development.

In concert with the College for Enlisted Professional Military Education, the Occupational Measurement Squadron recently distributed the Enlisted PME

survey to selected the Air Force people. The survey period will run through April.

The survey is designed to get customer feedback on curriculum development from leadership and student perspectives, according to Air Force PME officials.

A random selection of about 5,000 participants, including commanders, command chiefs, first sergeants, and other noncommissioned officers, has been asked to complete the survey.

Chief Master Sgt.  
Michael Eitnier  
Air Force enlisted PME chief

"Participation in this survey is very important, and the feedback provided will go a long way in shaping tomorrow's enlisted leaders."

Survey organizers said participants will receive the survey in a 3.5-inch disk format from their local survey control monitor and it should take about 30 minutes to complete. Depending on their grade and position, some survey participants will be asked to go through the survey twice, evaluating both junior- and senior-level enlisted PME. Others will only evaluate Airman Leadership School and the NCO Academy. "Participation in this survey is very important, and the feedback provided will go a long way in shaping tomorrow's enlisted leaders through a valued and effective enlisted PME curriculum," said Chief Master Sgt. Michael Eitnier, Air Force enlisted PME chief.

Aviano members can call Staff Sgt. Eric Sproesser, bast training manager, at Ext. 7420, for more information.

## Weekend bible study workshop

A weekend workshop covering a systematic Bible study method is scheduled for March 16-18 in Aviano.

The workshop will be taught by Dr. Georg Huber, a national director for Precept Ministries International.

"This will be a tremendous opportunity for people who are interested in getting more out of their Bibles by learning an inductive way to study and read on their own," said Bonnie Marlar, the event's organizer.

Marlar said the Precepts ministry has been around since 1970 and is led by Jack and Kay Arthur. "The ministry does not try to impose its doctrines on other Christians, but rather to direct people to what the Bible says about specific issues," Marlar said.

To cover materials and other expenses, the workshop costs \$85 per person. But Marlar said scholarships are available. The facility in which the event will be held is still pending. Registration deadline is Wednesday.

Call Marlar at 0438-998-138 or 0348-733-5640 or e-mail [slimmarlar@iol.it](mailto:slimmarlar@iol.it) for more information or to register.

# Truth about air travel, DVT

By Capt. Levette Hamblin  
31st Aerospace Medicine Squadron

There has been a lot of media attention given about a mysterious problem associated with air travel. The condition is called: Deep venous thrombosis (also known as DVT) and is a condition where there is a blood clot in a deep vein (a vein that accompanies an artery).

Usually, veins in the lower leg and the thigh are mainly affected. This thrombus may interfere with circulation of the area, and may break off and travel through the blood stream (embolize).

The embolus can lodge in the brain, lungs, heart, or other area, causing severe damage to that organ.

Risks for DVT include prolonged sitting, bedrest, or immobilization; recent surgery or trauma, especially hip surgery, gynecological surgery, heart surgery, or fractures; childbirth within the last six months; obesity; and the use of medications such as estrogen and birth control pills.

DVT may be associated with sitting on a plane in cramped quarters for extended periods of time, such as flying several hours.

DVT occurs in approximately two out of 1,000 people. The condition is most commonly seen in adults over age 60.

Anticoagulants may be prescribed by physicians as a preventive measure for high risk people.

The most effective preventive measure is to move your

legs, get up and stretch, and walk around as much as possible on long flights.

Simple stretching or flexing feet will help improve circulation and lessen blood pooling and stagnation in the lower leg.

Symptoms of DVT may include leg pain, leg tenderness, swelling, increased warmth, changes in skin color, redness, and skin discoloration of one leg.

The DVT clot itself usually will resolve through natural healing and clot breakdown processes in the body. Definitive treatment may be aimed at relieving symptoms and preventing the clot from traveling to the lungs, heart, brain, or other areas.

At least initially, this type of treatment usually requires hospitalization. Medications may be prescribed to prevent further clotting, dissolve clots and/or to control pain.

Bedrest may be recommended until the symptoms are relieved. The leg may be elevated to reduce swelling.

Applying warm, moist heat to the area may also help to relieve pain.

Most DVT's disappear without difficulty. To help reduce the risk of catching a DVT, avoid prolonged sitting if at all possible, especially if with the known risk factors as mentioned.

Complications may be life threatening if left untreated. Please call your health care provider if you think you have symptoms of DVT.

For more information, call Ext. 5242.

## Base promotes National Nutrition Month

'Nutrition team' to visit Aviano facilities to give cooking, health tips

By Tech. Sgt. Borgie Cantillas  
31st Medical Group

March is National Nutrition Month and the Aviano Air Base "Nutrition Team" is conducting nutrition-related activities at local facilities to support a healthy lifestyle and improve readiness.

According to Staff Sgt. Monica Botch, 31st Medical Group, the "Nutrition Team" will visit the child development center, the elementary and high schools, the commissary and the health and wellness centers with cooking demonstrations and nutrition education.

The team will be promoting eating healthy and staying fit. "National Nutrition Month is an annual event sponsored by the American Dietetic Association," she said. "To promote NNM, we will be trying to educate the base with our slogan "Food & Fitness: Build a Healthy Lifestyle." The slogan reinforces the importance of nutrition and physical activity as key components of a healthy

Staff Sgt. Monica Botch  
31st Medical Group

"(The slogan Food and Fitness: Build a Healthy Lifestyle) is a call to action that challenges Americans to take responsibility for their food, nutrition, and physical activity habits."

lifestyle."

Botch added that building a healthy lifestyle is tied together with food and fitness as

a foundation for health.

"The slogan shows the flexibility of nutrition recommendations, dietary guidelines, and the Food Guide Pyramid as the framework for daily food choices," she said. "They can be personalized to each individual's food preferences, nutritional needs, health status, and lifestyle. It is a call to action that challenges Americans to take responsibility for their food, nutrition, and physical activity habits."

Botch said nutrition is one important part to good health.

"This year's objective is to emphasize the importance of proper nutrition in a balanced healthy lifestyle," she said. "Key messages in this year's campaign incorporate the ABC's of good nutrition:

Aim for fitness;  
Build a healthy base and  
Choose sensibly."

For questions and information, call Ext. 5126 or e-mail [monica.botch@aviano.af.mil](mailto:monica.botch@aviano.af.mil).



## We want your feedback

We are looking for your feedback to ensure the "Vigileer" meets your needs. If you have any comments, e-mail us at [vigileer@aviano.af.mil](mailto:vigileer@aviano.af.mil), send us a fax at Ext. 7083 or call us at Ext. 7344.

# Air Force daughter takes top honors

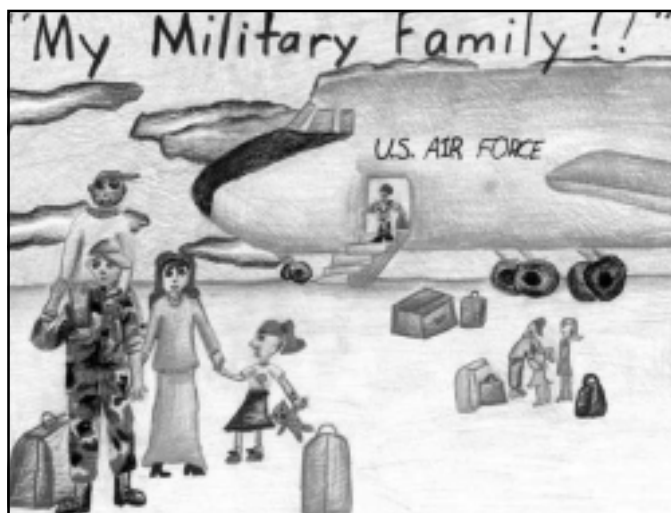
Air Force Print News

SPRINGFIELD, Va. - The third-grade daughter of an Air Force member captured the judges' attention with her pencil drawing of her family's reunion after a deployment in the sixth annual Armed Services YMCA art contest.

Heather Burke, the daughter of Air Force Tech. Sgt. Marietta Burke of Hickam Air Force Base, Hawaii, took top honors among all the services with her entry. She wins a \$500 U.S. Savings Bond and will be featured on a poster produced in recognition of military families for National Military Family Week, Nov. 18-25.

Placing first in the National Guard category was Dane Krull, fifth-grade son of Maj. Rich and Stephanie Krull of the Indiana Air National Guard. He placed his family on the flightline, and won himself a spot on the poster as well. Taking second place in the Air Force category was Maximilian Frazier, first-grade son of Master Sgt. Timothy and Manuela Frazier of F.E. Warren AFB, Wyo., and for the National Guard category was T.J. McClelland, third-grade son of Tech. Sgt. Pamela and Thomas McClelland, also of the Indiana ANG.

Second-place winners receive a \$100 U.S. Savings Bond. In addition, an honorary prize went to a child of a Department of Defense teacher at Spangdahlem Air Base, Germany. Priscilla Karamzadeh, fourth-grade daughter of Barbara and Kianoosh



The family's reunion after a deployment was the subject of the winning entry in the Armed Services YMCA art contest.

Karamzadeh, wins a \$100 savings bond as well. More than 2,200 children from kindergarten to sixth grade entered this year's contest, a record number of entries for judges to select from.

## USAFE 'leading the way' in medical readiness

By Capt. Elizabeth A. Ortiz  
USAFE News Service

RAMSTEIN AIRBASE, Germany — The Air Force's surgeon general lauded U.S. Air Forces in Europe's medical readiness during a visit here Feb. 26.

Lt. Gen. Paul K. Carlton Jr. said the Air Force medical community listened carefully when the chief of staff of the Air Force said, "You've got to think expeditionary," and underwent a transformation to expeditionary medical support.

From a national security perspective, medical readiness is a triad strategy to shape, respond and prepare.

The idea is to use medicine as a tool to help build democratic countries by providing humanitarian and civic assistance such as USAFE's relief efforts in Mozambique last spring or its medical deployments to Cameroon — something Carlton thinks the command will see a lot more of in the future. "Europe is leading the way on that," he said.

As a result, international health specialists will be assigned to USAFE this summer to begin institutionalizing the medical expeditionary mindset in light of the shape, respond and prepare strategy.

Carlton says it's important to understand a region's language, culture and pattern of diseases — the overall environment — to function effectively.

"When we land and the first words we speak are 'Do you speak English?' we haven't made friends around the world," he said.

He attributes international health spe-

cialists with "saving our bacon" in the aftermath of the explosion on the USS Cole. The French speakers that were sent "smoothed the way to Djibouti like we never could've smoothed before," Carlton said.

Another medical initiative taking place in Europe that Carlton is "pretty excited" about is Project Athena — an effort to keep health care professionals medically current in remote or low-volume-of-care places so they don't lose proficiency.

USAFE is the leader with projects under way at Aviano and Incirlik Air Bases that use 90-day rotations of personnel to maintain currency.

This means specialists, such as surgeons and internists, are available when needed but don't lose proficiency due to the typically low volume of patients.

At Aviano, for example one OB/GYN provider remains on station for continuity and a second one rotates in from a teaching center or large military medical facility for currency.

After 90 days the rotational provider departs, with no loss in medical currency, and a new OB/GYN provider rotates in for 90 days.

Carlton says it's been "very well-accepted" by the Aviano community.

At Incirlik, the expeditionary medical support is sustained with 90-day rotations to ensure currency while areas not so critical in terms of currency, such as family practice or lab services, are absorbed by medical personnel on 15-month or 2-year assignments.

In addition, Carlton touched on a topic of

major concern to the USAFE community: mad cow disease.

He admitted the medical community is still learning a "great deal" about it, because it's a very new outbreak and the transmissibility to humans is "brand new."

"If the last six years are indicative, we believe it'll be a bigger problem in Europe, especially for the British, than they have seen thus far," Carlton said.

As for the American Red Cross' recent ban on blood donations from anyone who has lived in western Europe for more than six months since the early 1980s, Carlton believes the ARC reacted "entirely appropriately" to protect the blood supply.

On TRICARE, Carlton believes it's "under evolution."

"What we're looking for is not a static program, but a superb series of excellent encounters, a superb level of service."

He noted we're not there yet, but the system is "improving constantly" — not bad, considering TRICARE averages 25 million claims a week.

As for the new fitness standards, which test both upper body and cardiovascular strength, Carlton advised it's something people must prepare for.

The increased use of ecstasy among service members is a topic of concern for the surgeon general.

Lack of adjustment to our "family environment in the military" is how Carlton chooses to look at why people take ecstasy, a mind-altering drug, the long-term effects of which are not known at this time.



## Community notes

Spouses Direct communication network -- is available from 8 a.m. to 5 p.m. Mondays through Fridays at Bldg. 118 in Area One. For more information, call Ext. 7768 or e-mail spouse.direct@aviano.af.mil.

Alcoholics Anonymous -- meet 5:30-6:30 p.m. Mondays, Wednesdays and Fridays in Bldg. 108. For more information, call Ext. 5321.

Al-Anon -- meets 7-8 p.m. Fridays in Bldg. 108. It offers help for families and friends of problem drinkers. For more information, call Ext. 5321.

Reserve briefings -- for Palace Front are 2 p.m. the second Tuesday of each month. Palace Chase briefings are 10 a.m. the third Wednesday of each month. Both briefings are in the 31st Support Group conference room. For more information, call Master Sgt. Alex Vazquez, at Ext. 4919.

Thrift shop -- is open from 10 a.m. to 2 p.m. Wednesdays and Fridays. All proceeds from thrift shop sales are given back to the community. Volunteers are needed. To volunteer, stop by during open hours. For more information, call Ext. 5428 during hours of operation.

First steps -- is a class for expecting parents to learn new skills with other expecting parents and feel more comfortable with a new baby, from Thursday through March 28.

Sponsor training -- class is 1-2 p.m. Thursdays at the relocation center, Bldg. 108, in Area One.

For more information, call Ext. 5661.

Stress Reduction -- class is 2-4:30 p.m. Tuesday at the Health and Wellness Center. For more information or to sign up, call Ext. 4573.

Eldercare -- offers advice and help finding resources from the family life educator is available. Get tips on communicating with older people and understanding the financial, legal, social and emotional issues they face. For more information, call Ext. 5407.

Nicotine anonymous meetings -- are held at the health and wellness center weekly. For more information, dates and times, call Ext. 4573.

Veterans affairs representative -- will be at Aviano periodically through April. For more information or for an appointment, call Ext. 5407.

Consumer affairs representative -- can attend meetings to discuss reading and understanding Italian utility bills. People can also go by the family support center for individual help.

Tax assistance program -- offers basic tax assistance, free of charge to all service members, dependents and civilian employees.

Greek restaurant -- is open for business in the Flightline Area. For more information, call Ext. 5493.

## Education

Open registration -- is 8 a.m. to 5 p.m. beginning Monday. To see a list of classes, visit the website at [www.ed.umuc.edu](http://www.ed.umuc.edu) or come by the office in Bldg. 144.

Embry-Riddle University -- offers \$50 toward the purchase of a textbook to anyone who brings in a new student. For more information, call Ext. 5140.

University of Oklahoma -- offers the following Spring and Summer Courses: Financial Management in Higher Education, May 1-6.

The enrollment deadline is April 2. Criti-

cal Literature in Adult and Higher Education, June 5-10. Enroll by May 7. Introduction to Training and Development, July 10-15. The enrollment deadline is June 11. For more information, call Ext. 5139.

City Colleges of Chicago -- offers associate's degrees in various concentrations. For more information, call Ext. 5143.

Cameron University -- offers the following Spring and Summer term courses: Applied Business Strategy, April 17-22. The enrollment deadline is March 19. Accounting for Management, May 19-24. The enrollment deadline is April 20. Current Issues in Human Resource Management, July 17-22.

The enrollment deadline is June 18.

## Chapel notes

Catholic -- noon weekdays, 5:30 p.m. Saturdays and 8:30 and 11:30 a.m. Sundays.

- Confession is 4:30-5:15 p.m. Saturdays.

- Religious education for preschool children through adult is 10-11:15 a.m. Sundays. A confirmation class for ninth through 12th grade students is 9:30-11:15 a.m. Sundays.

Protestant -- Sundays, general service at 10 a.m.

Gospel -- service is at 1 p.m.

- Religious education for preschool children through adult is from 11:30 a.m. to 12:30 p.m. Sundays.

Seventh Day Adventist -- 11 a.m. Saturdays.

Lutheran -- 6 p.m. the first Thursday of the month.

Church of Christ -- 3:15 p.m. Sundays.

Church of God -- 6 p.m. Sundays.

Jewish -- 7 p.m. every third Friday of the month.

Islamic -- Juma'ah prayer 12:45 p.m. Fridays.

## Exploring Europe

Upcoming tours -- Munich and Dachau with Information, tickets and tours is Saturday. For more information, call Ext. 5072 or 5026.

Ice skating at Piancavallo -- at Il "Pattinaggio su Ghiaccio" an indoor ice rink. It's open daily through March 30. Hours are 10:30 a.m. to noon, 3-4:30 p.m., 5-6:30 p.m. and 9-11 p.m.

The cost for children ages 12 and older is Lire 10,000 to skate and Lire 15,000 including skates.

The cost for children ages 3-11 is Lire 8,000 to skate and Lire 12,000 including skates. Special rates are available for groups.

For more information, call (0434) 655072.

The singular beauty of Venice -- is the primary attraction to visitors. People planning to visit the numerous museums in the country's capital, can buy a special pass, called a Biglietto Cumulativo. With the pass, the buyer is allowed access to nine Venetian museums (except the Accademia). Tickets can be purchased at participating museums.

Everyone aged 29 or younger, is eligible for a Rolling Venice discount card, accepted at many hotels, restaurants, shops, and museums in Venice. It also includes a 20 percent discount on a three-day vaporotto pass.



Sylvain Grandadam

Gondola races and processions, such as this colorful procession near the city's Rialto Bridge, mark many of Venice's festivals. Besides gondolas, hundreds of thousands of tourists annually flock to Venice's famous shopping areas, such as the 16-century Rialto shopping district.

For more information on local events, call the Pordenone tourism office at (0434) 521218 or check out [www.spacepickle.com](http://www.spacepickle.com).

# Cops make comeback over medics

By Tech. Sgt. Bill Lincicome

31st Fighter Wing Public Affairs

For a moment, Rudy Lyle was on top of the world. A moment later, he felt as if he'd hit rock bottom and begun to dig.

Lyle's 31st Security Forces Squadron intramural basketball team was locked in a tight struggle with the 31st Medical Group-A, March 2. Lyle scored six of his 10 points during the final three minutes of the game, helping the lawmen overcome an eight-point deficit and notch a 43-41 victory.

His last bucket, a one-handed shot while being fouled in heavy traffic, gave 31st SFS-A a two-point advantage with just seven seconds remaining.

However, Lyle then inadvertently gave the medics the chance they needed to set up a shot to win or send the game into overtime. While attempting to strip the ball away from 31st MDG-A's Clarence May, officials whistled him for a foul that sent the medics' star to the free throw line for a one-and-one opportunity with two seconds remaining. Worse yet, the foul was Lyle's fifth which caused him to foul out of the game.

"I felt really bad, like I let the team down," Lyle recalled after the game. "I was just trying to play D like I always do. You gotta play hard against them."

He needn't have worried. May, normally a high-percentage free throw shooter, missed his first attempt. The ball bounded off the rim and nestled into the arms of teammate Chris Evans who hugged it until the final few

seconds ticked off the clock.

A.J. Gaither contributed 13 points to the win, 31st SFS-A's sixth straight, that upped the lawmen's season record to 9-3. Teammate Buddy Parkerson chipped in 11 points, 10 rebounds and three steals.

Cop player/coach Dave Lillard said the lawmen's stifling defense, which has allowed an average of just 40 points a game during their current winning streak, can propel them to the base crown. "Defense wins base championships," Lillard said. "We base our strategy on playing good D, like Lyle did. We've had a rough path at the beginning, but we want to take it all the way. With the way we're playing, we can do it."

May and Sean Doherty led the medics, 7-3, in scoring with 17 and 11 points respectively.

In the other intramural game March 2:

31st Mission Support Squadron 56, 31st Civil Engineer Squadron 32 - Reginald Stuckey fired in 15 points and Doug Goudy added 11 more as a very physical 31st MSS team buried 31st CES.

The win helped the mission supporters, 11-1, keep pace with first-place Fighter Squadron/Air Mobility Command for first place in intramural league standings.

It was the worst setback of the season for the 7-4 engineers who played the game without injured star Taj Pickett. Jeremiah Ramos led 31st CES in scoring with 13 points while teammate Nakia Graham added eight.

The intramural season wrapped up Thurs-



Photo by: Staff Sgt. Mitch Fuqua

31st Mission Support Squadron's Deralis Todd takes 31st Civil Engineer Squadron's Anik Emery all the way to the hoop.

day. Eight teams - FS/AMC, 31st MSS, 31st SFS-A, 31st Maintenance Squadron, 31st MDG-A, 31st CES, 31st Communication Squadron and 31st Supply Squadron - qualified for the double-elimination playoffs slated to tip off today, according to Curtis Filmore, intramural athletic director.

The over-30 playoffs began Thursday and wraps up with the championship game at noon March 16.

## SPORTS SHORTS

Health and wellness center - has an open house 9 a.m. to 4 p.m. today.

There will be door prizes, a cooking demonstration and much more at 11 a.m.

The Aviano Sports Officials Association -- needs referees, umpires and scorekeepers for all sports. No experience is necessary.

For more information, call Greg Peterson at 0348-592-1139 or 0434-94-9560.

Sports and fitness center -- combat circuit training is 11:30 a.m. to 12:30 p.m. Mondays, Wednesdays and Fridays and is open to military members only. Aerobic instructors are needed immediately.

Apply at the main sports and fitness gym. For more information, call Ext. 7574.

Aviano bowling center -- cosmic bowling 7 p.m. Saturday, and

a St. Patrick's Day Shephard's Pie Tournament March 17.

For more information, call Ext. 7487.

Outdoor recreation -- offers a freeski/snowboard tuning class Wednesday.

Ski and ice-skating passes for Piancavallo are available for purchase at Outdoor Recreation and ask about our customized ski/snowboard trips. Snow Rider trips go to Cortina Saturday and Karnische Mar. 24.

For more information, call Ext. 8623.

The Baumholder Open -- is March 17 in Baumholder, Germany, and the U.S. Armed Forces Europe Championship at Warner Barracks in Bamberg, Germany.

Powerlifters interested in participating should contact Master Sgt. Michael Reed at Ext. 4273 or the sports and fitness center at Ext. 7574.

## Scores and More

### Basketball

#### Intramural standings (As of Tuesday)

Team	Won	Lost
x-31st MSS	12	1
x-FS/AMC	10	1
x-31st SFS-A	9	3
x-31st MXS	9	3
x-31st CS	7	2
x-31st MDG-A	7	4
x-31st SUPS	7	4
x-31st CES	7	4
603rd ACS-A	5	7
31st OSS	4	7
31st SFS-B	4	7
31st TRANS	4	10
31st MDG-B	1	11
603rd ACS-B	2	12
Aviano HS	1	13

x-qualified for playoffs

#### March 1 result

31st MDG-A 59, 31st SFS-B 23

#### March 2 results

31st MSS 56, 31st CES 32

31st SFS-A 43, 31st MDG-A 41

To contribute to scores and more, call Airman 1st Class Ebony Taylor at Ext. 7344.

#### Monday's results

31st MSS 85, 603rd 42

31st CES 51, 31st MDG-A 44

#### Tuesday's result

31st MSS 62, 31st MDG-B 27

#### Over 30 standings

(As of Tuesday)

Team	Won	Lost
31st MSS	7	0
31st OSS	4	3
31st MDG	4	3
603rd ACS	4	3
31st CS	3	4
31st SUPS	2	4
31st MXS	2	4
31st CES	1	6

#### Tuesday's result

31st MSS 61, 31st SUPS 47

END OF REGULAR SEASON

#### Playoff schedule

Tuesday's games

31st OSS vs. 31st CES, 11 a.m.

31st MSS vs. 603rd ACS/31st

SUPS winner

Editor's note: The following information is provided by the 31st Services Squadron. For more information, call Ext. 5080.

Teen programs -- Swoosh Club 4-5:30 p.m. today and Tuesday, embarrassing moments 4-5:30 p.m. Monday, positive self class Wednesday, web page design 3:30-5:30 p.m. Thursday and bowling 3:30-5:30 p.m. March 16. For a more complete listing, call Ext. 5994.

Victor Dining -- will close Mar. 16 and reopen Mar. 26 at the Contingency Dorms, bldg. 1467. For more information, call Ext. 8494.

Aviano Youth Programs -- hosts the 2001 U.S. Air Forces in Europe Youth Talent Show 6 p.m. Saturday. Children ages 3-18 years can sing, dance or play an instrument to participate. New dance classes are offered for children ages 3-18 years. Learn to tap, jazz, modern dance and creative movement. Classes are held at various locations four times a month.

High school students who are not seniors can apply for the Air Force Teen Aviation Camp. This program is for eligible youth center users who would like to explore the Air Force Academy as a possible choice for college.

The camp is June 3-9 at the Air Force Academy in Colorado. Applications are available at the AYP, community activity center and the ROTC office at the high school. Applications are due March 16. For more information, call Ext. 7575.

Give parents a break -- is from 9:30 a.m. to 2 p.m. March 17. A referral is needed to participate. For more information, call Ext. 7279.

Job fair -- the 31st Services Squadron hosts a job fair from 9 a.m.-noon March 20 at the community activity center ballroom. Participants can speak to facility managers and flight chiefs about various positions

## Comedy Show

The United Services Organization is holding a comedy break 5:30-7 p.m. Wednesday at Sabre Hall. An autograph session will follow the show. The show and the autograph session are free.

For more information, please call Sabre Hall Ext. 5493.

available. Applications will be available. Bring soggiorno, passport and sponsor's orders. For more information, call Ext. 5747.

Arts and crafts -- offers after school art for kids 4-5:30 p.m. every Tuesday and Thursday for children 8-13 years of age. For more information, call Ext. 5032.

Sabre Hall -- offers a seafood buffet Thursday. Seating times vary and reservations are required. For more information, call Ext. 5493.

Home fuels -- new customers must have a valid housing contract stamped and signed by a housing office official.

Gasolio customers should measure their tanks frequently. Gasolio takes seven to 10 days to deliver. For more information, call Ext. 5083.

Community center programs -- has Beanie Baby Bingo at 2 p.m. Sunday, cards go on sale at 1 p.m. for \$10 per pack. Wine

tasting is 5:30-8:30 p.m. March 16. A new cooking class is available in Pordenone 6-9 p.m. today through March 30. For more information, call Ext. 5479.

Dating Game interviews are 5-9 p.m. March 27-28. For single active duty military members. The game is 7 p.m. April 21. The couples may win a trip to Verona's Medieval Tour. For more information, call Ext. 5479.

Information, tickets and tours -- upcoming trips include: Union Roses, Gold and Bottega Tuesday, Trieste and concentration camp March 17, wine tasting in Veneto VI March 17. Also available French Riviera trip, Easter in Rome and individual Rimini packages. For more information, call Ext. 5072 or 5026 or e-mail ITT at 31SVS.SVRR@aviano.af.mil.

American and English horseback riding classes -- are offered to all levels of riders. Cost is \$100 for eight rides plus annual membership fee at the ranch. For more information, call Ext. 5479.

Lunch menu for the next week is:

Today: Meat loaf, pasta primavera, mustard dill baked fish, rice pilaf, mashed potatoes, club spinach, glazed carrots and green beans.

Monday: Stuffed pork chops, tamale pie, brussels sprouts, tangy spinach, potatoes and pinto beans.

Tuesday: Fried catfish, Caribbean jerk chicken, glazed carrots, sauteed mushrooms, baked potato halves and peas.

Wednesday: Salisbury steak, pork adobo, rice, southern-style greens, mashed potatoes and corn on the cob.

Thursday: Oriental steak, chicken chow mein, pork fried rice, lyonnaise potatoes, cauliflower polonaise, Chinese fried cabbage and herbed broccoli.

March 16: Spaghetti with meatballs, barbecue chicken, home-fried potatoes, rice pilaf, asparagus and carrots.

## Now Playing...

### Today

7 p.m. "Dude Where's My Car" -- The morning after a wild night of partying, two teenage dudes find that they cannot remember anything that happened the night before. They also realize that they don't know where they parked their car. Starring Ashton Kutcher and Seann William Scott. Rated PG-13.

9:30 p.m. "The Pledge" -- A policeman in a small midwestern town promises the mother of a murdered child that he will capture the killer, and he soon finds himself devoting all his energy to fulfilling this pledge. Starring Jack Nicholson and Sam Shepard. Rated R.

### Saturday

2 p.m. "102 Dalmations" -- Cruella De Vil is released from prison, seemingly transformed into a law-abiding animal lover. Under the watchful eye of her skeptical probation officer, Chloe Simon, De Vil comes to the aid of a failing dog shelter run by Kevin Shepherd. But when Shepherd is promptly arrested for the theft of the Dalmatians, and Chloe loses her own Dalmatian pups, De Vil comes under suspicion once again. Starring Glenn Close and Gerard Depardieu. Rated G.

4:30 p.m. "Family Man" -- A single Wall Street businessman, Jack Campbell wakes up one morning and finds that his identity has completely changed.

He is now a happily-married man living in the suburbs with his wife and two children. It is a Christmas story about a man who must choose between a fast-paced career life or a loving family life. Starring Nicholas Cage and Tea Leoni. Rated PG-13.

7 p.m. "Dude, Where's My Car"

9:30 p.m. "The Pledge"

### Sunday

2 p.m. "102 Dalmations"

4:30 p.m. "Family Man"

7 p.m. "Dude, Where's My Car"

### Monday

7 p.m. "The Pledge"

### Tuesday

7 p.m. "Family Man"

### Wednesday

7 p.m. "Dude, Where's My Car"

### Thursday

7 p.m. "The Pledge"

### March 16

7 p.m. "Miss Congeniality" -- For her entire life, Gracie Hart has dreamed of emulating the career of her mother, a highly-esteemed FBI agent. When a terrorist threatens to bomb the Miss United States pageant and the FBI rushes to find a female agent to go undercover as a contestant. Unfortunately, Gracie is the only female agent who can "look the part" despite her complete lack of refinement and femininity. Starring Sandra Bullock. Rated PG-13.

9:30 p.m. "Proof of Life" -- An American engineer in a Latin American country is captured by anti-government forces. When the rebels learn his identity, they demand \$3 million for his safe return. However, his employer is on the verge of insolvency and will not provide the ransom. Peter's wife Alice retains the services of a freelance, professional hostage negotiator. Terry Thorne mounts a bold operation to rescue Peter that could as easily result in disaster as in triumph. Starring Meg Ryan, Russell Crowe, David Caruso, and David Morse. Rated R.

For more information on the movie schedule, call Ext. 7252.